

CURRICULUM VITAE

جامعة الأزهر
Al-Azhar University-Gaza



Sofian Hamdan Khalil El-Astal

Last Update:08/01/2023

PERSONAL DETAILS

Date Of Birth	1/12/1959	Place Of Birth	Gaza - Palestine
Nationality	Palestinian		
Martial Status	Married	Gender	Male
Designation	Associate Professor		
Department	Psychology		
Faculty	Education		
Tel. No. (Office)	+970-08-264184		
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Address(Office)	M2-542		
Address (Home)	Khan Yunis		
HURL	https://www.researchgate.net/profile/Sofian_El-Astal		

ACADEMIC QUALIFICATIONS

(YEAR ,QUALIFICATION ,INSTITUTION ,TITLE)

- 2012 Doctoral Degree, PHD,Faculty of Medicine - University of Santiago de Compostela -Spain
(Beliefs and Attitudes related to tobacco consumtion among palestinian odontologists in the Gaza Strip)
- 2009 Diploma,Faculty of Medicine - University of Santiago de Compostela -Spain
(Smoking habit among Palestinian students of the Bachelor of Pedagogy at the University of Al-Azhar)
- 1998 Doctoral Degree, PHD,Faculty of Psychology - University of Santiago de Compostela - Spain
(Psychological analysis of adolescence. Psychosocial profile of the Palestinian teenager)
- 1991 Master Degree, MSC,Institute of European Studies and Human Rights - Pontifical University of Salamanca - Spain
(European Communities and Human Rights)
- 1991 Master Degree, MSC,Institute of European Studies and Human Rights - Pontifical University of Salamanca - Spain
(Health and the environment)
- 1991 Bachelor Degree, BSC,Faculty of Psychology - Pontifical University of Salamanca - Spain
(Industrial psychology: health and working conditions in Spain)
- 1991 Bachelor Degree, BSC,University of Salamanca - Spain
(Bachelor of Philosophy and Education Sciences)
- 1990 Diploma,E.S.E.F.A - Pontifical University of Salamanca - Spain
(Social media and adult education)
- 1988 Diploma,Pontifical University of Salamanca - Spain
(Technical Occupational Safety and Working Conditions)
-

CAREER HISTORY

(START DATE - END DATE, EMPLOYMENT ,ORGANIZATION)

- 2008 , Professor (Associate) ,Al Azhar University-Gaza
- 1999 ,2008 Professor (Assistant) ,Al Azhar University-Gaza
- 1992 ,1993 Psychology Clinic ,Private (Collegiate number 1725)
- 1999 ,2001 Head of the Department of Psychological Counseling ,Palestinian Ministry of Education
-

ADMINISTRATIVE DUTIES

(START_DATE - END_DATE , ROLE ,LEVEL)

- 2009 ,2009 Chairman of the Summer Semester Examination Committee ,University
- 2004 ,2004 Chairman of the Commission for the exams of the South Commission ,University

PROFESSIONAL AFFILIATION/MEMBERSHIP

(YEAR , ORGANISATION , ROLE , LEVEL)

- 2017 Institute of Business Management · Department of Marketing Pakistan,International Board Members,International
- 2016 Arees University · International Journal of Psycho-Educational Sciences,Editor,International
- 2016 University of Barcelona,Researcher,International
- 2016 University of the Basque Country,Researcher,International
- 2016 University of Almeria,Researcher,International
- 2010 Autonomous University of Madrid,Researcher,International
- 2010 Group in Eyewitness Testimony,Researcher,International
- 2010 Al-Azhar University-Gaza, Palestine.,Editor,University
-

AREAS OF EXPERTISE

(AREA)

Emotion , Social y Clinical Psycholoy , Public Health ,

SELECTED PUBLICATIONS

- (Book \ Chapter in Book)

- 1 Sofian El-Astal (Coauthor) (2019) . Towards Meaningful Comparisons of Personality in Large-Scale Cross-Cultural Studies, ,
- 2 Paez, D., Mathias, A., Cavalli, S., Guichard, E., Pizarro, J.J., Mendez, L., & El-Astal, S. (2018) . Flashbulb Memories and Collective Memories: Psychosocial Processes Related to Rituals, Emotions and Memories, O. Luminet, A. Curci & M.A. Conway (Eds.), London ISBN 9781317226154
- 3 Sofian El-Astal (2008) . Socializacion de los adolescentes palestinos sin responsabilidad penal, Universidad de Oviedo, Oviedo I.S.B.N.: 978-84-837-708-2.
- 4 Sofian El-Astal (2007) . Conductas Inadaptadas: Conducta Antisocial y Consumo de Drogas en Adolescentes Palestinos sin Responsabilidad Penal, Publisher:Sociedad Espanola de Psicologia Juridica y Forense, Santiago de Compostela I.S.B.N.: 978-84-7795-459-0
- 5 Sofian El-Astal (2005) . Comportamientos Disruptivos: Perfil del Menor Palestino, Publisher: XUNTA DE GALICIA, Santiago de Compostela I.S.B.N.: 84-689-2617-5

- Article in Academic Journal

- 1 Sofian el-Astal (2022) . Milieu effects on the Dark Triad traits and their sex differences in 49 countries,Personality and Individual Differences,() .. (ISI/SCOUPS Cited Publication)
- 2 Sofian el-Astal (Coauthor) (2022) . The global impact of adverse childhood experiences on criminal behavior: A cross-continental study,Child Abuse & Neglect,() .. (ISI/SCOUPS Cited Publication)
- 3 Sofian El-Astal (2021) . Who in the World is Trying to Change Their Personality Traits? Volitional Personality Change Among College Students in 56 Countries,Journal of Personality and Social Psychology,() .. (ISI/SCOUPS Cited Publication)
- 4 Sofian El-Astal (Coauthor) (2021) . Structure of dark triad dirty dozen across eight world regions,Assessment 28 (4), 1125-1135,() .. (ISI/SCOUPS Cited Publication)
- 5 Sofian El-Astal (Coauthor) (2021) . Traumatic Events Exposure and Psychological Trauma in Children Victims of War in the Gaza Strip,Journal of Interpersonal Violence,() .. (ISI/SCOUPS Cited Publication)
- 6 Sofian El-Astal (Coauthor) (2020) . Happiness around the world: A combined etic-emic approach across 63 countries,PLoS ONE 15(12): e0242718.,() .. (ISI/SCOUPS Cited Publication)
- 7 Sofian El-Astal (Coauthor) (2020) . Staff perception of respect for human rights of users and organizational well-being: A study in four different countries of the Mediterranean area,Clinical Practice and Epidemiology in Mental Health: CP & EMH 16 (Suppl-1), 109,() .. (ISI/SCOUPS Cited Publication)
- 8 Sofian El-Astal (Coauthor) (2020) . Between happiness and sorrow:
Phenomenal characteristics
of autobiographical memories
concerning war episodes and positive
events in the Gaza Strip,Memory Studies 2020, Vol. 13(6) 917– 931,13(6)(),917– 931. (ISI/SCOUPS Cited Publication)
- 9 Sofian El-Astal (Coauthor) (2020) . Country-level correlates of the Dark Triad traits in 49 countries,Journal of Personality. 2020;00:1–16.,() .. (ISI/SCOUPS Cited Publication)
- 10 Lander Méndez Casas, Stefano Cavalli, Sofian El-Astal, Carolina Alzugaray (2018) . Hechos de cambio en el curso de la vida: su impacto en la memoria autobiografica y en el bienestar,In press,() .. (ISI Cited Publication)
- 11 Antonio L. Manzanero, Maria Crespo, Susana Baron, Teresa Scott, Sofian El-Astal, Fairouz Hemaïd (2017) . Traumatic Events Exposure and Psychological Trauma in Children Victims of War in the Gaza Strip,Journal of Interpersonal Violence,First Published 23(), 1-20 [JCR Impact factor (2016): 1.940]. (ISI/SCOUPS Cited Publication)
- 12 Zine El Abidine, F., Dave, H., Aldhafri, S., El-Astal, S., Hemaïd, F., Parker, J.D.A. (2017) . Cross-validation of the 20-item Toronto Alexithymia Scale: Results from an Arabic multicenter study.,Personality and Individual Differences,113(), 219-222 [JCR Impact factor (2016): 2.005]. (ISI/SCOUPS Cited Publication)
- 13 Hemaïd, F., El-Astal, S., Cangas, A.J., Navarro, N. & Aguilar-Parra, J.M. (2016) . Psychometric Properties of the Palestinian Version of the Acceptance and Action Questionnaire-II (AAQ-II) applied in The Gaza Strip.,Journal of Psycho-Educational Sciences,5(3)(), 52-59 [Impact factor (2016): 4.036 (SJIF)]
- 14 El-Astal, S. (2016) . Traumatic Memories and PTSD in Palestinian Children and adolescents in the Gaza strip,Pensando Psicología,12 (20)(), 5-12
- 15 Manzanero, A.L., Lopez, B., Aroztegui, J. & El-Astal, S., (2015) . Autobiographical memories for negative and positive events in war contexts.,Anuario de Psicología Jurídica,25(), 57-64.. (ISI/SCOUPS Cited Publication)
- 16 Manzanero, A.L., El-Astal, S., & Aroztegui, J. (2009) . Implication Degree and Delay on Recall of Events: An Experimental and HDV Study.,European Journal of Psychology Applied to Legal Context,1(2)(), 101-116 [JCR Impact factor (2009): 1.450]. (ISI/SCOUPS Cited Publication)

- 17** Sofian El-Astal (2008) . Valores de los jovenes universitarios palestinos,Revista de Psicologia Social,23(1)(),53-61 [JCR Impact factor (2008): 0.5]. (ISI/SCOUPS Cited Publication)
- 18** Gonzalo Serrano, Sofian El-Astal, Filomena Faro (2004) . La adolescencia en Espana, Palestina y Portugal: analisis comparativo,Psicothema,16(3)(),468-475 [JCR Impact factor (2004): 0.96]. (ISI/SCOUPS Cited Publication)

- Proceedings

- 1** Sofian El-Astal (2016) . Expresiones del YO adolescente palestino: Asertividad, Autoestima y Frustracion social,IX Congreso Internacional de Psicologia Juridica y Forense,Madrid,25-27 de febrero,76-80
- 2** Sofian El-Astal (2016) . Consumo de drogas y tiempo libre en los universitarios palestinos,IX Congreso Internacional de Psicologia Juridica y Forense,Madrid,25-27 de febrero,604-607

- Technical Report

- 1** Sofian El-Astal (1994) . A Percepcion do accidente na Costa da Morte Galega,A Peneira,Peneira - primeira Quincena Agosto, 1994; P. 5).
- 2** Sofian El-Astal (1992) . Un proxecto de investigacion para o sector pesqueiro galego: Seguridade e hixiene no traballo,A Peneira,primeira Quincena Xullo, 1992; P. 10 & 11).
- 3** Sofian El-Astal (1992) . Os medios de comunicacion na educacion de adultos,A Peneira,primeira e segunda Quincena Outubro, 1992; P. 16).
- 4** Sofian El-Astal (1992) . Unha politica ambiental,A Peneira,primeira Quincena Abril, 1992; P. 2).
- 5** Sofian El-Astal (1992) . Experiencia en educacion de adultos no medio rural de A Coruna,A Peneira,primeira Quincena Xune, 1992; P. 26).
- 6** Sofian El-Astal (1992) . Riesgo en el trabajo,El Correo Gallego,viernes 26-6-1992; P. 4).

RESEARCH PROJECTS

(FROM – TO ,PROJECT_TITLE ,ROLE ,SOURCE ,LEVEL)

2008 ,2009	Felicidad, Happiness and Saada" (141085-EM-1-2008-BE-ERA). ,Principal Investigator ,Yes ,International
2018 ,2020	Cultura, afrontamiento y regulacion emocional: Emociones y Encuentros colectivos ,Investigator ,No ,International
2016 , till now	International Situations Project ,Investigator ,No ,International
2017 , till now	Assessment of memories and psychological disorders associated to trauma in refugees ,Investigator ,No ,International
2008 , till now	Research Group on Eyewitness Testimony ,Investigator ,No ,International
2016 , till now	Narcissism(s) and self-esteem(s) in cross-cultural context ,Investigator ,No ,International
2016 , till now	CEVI Research Program ,Investigator ,No ,International

PRESENTATIONS

(TITLE , EVENT , DATE , ORGANISER , LEVELL)

Others

- * Vocales del Comite cientifico internacional ,XXIV Congreso Internacional INFAD ,Abril, 25-30, 2017 ,Asociacion Internacional de Psicologia Evolutiva de la Infancia, Adolescencia (INFAD) (International).

Presenter

- * Analysis of the deliberation in the Jury ,XI Congreso Mexicano de Psicologia ,Oct, 22-24, 2003 ,Autonomous University of Campeche (International).
- * Socializacion y comportamientos disruptivos en menores palestinos ,I CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,July, 12-14, 2004 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Conductas Inadptadas ,II CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Dec, 15-17, 2005 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Socializacion de los adolescentes palestinos ,III CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Abril, 26-28, 2007 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Tiempo libre y consumo de drogas en los jovenes universitarios palestinos ,IV CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,May, 8-10, 2008 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Caracteriscticas diferenciales de las memorias sobre los hechos traumaticos ,V CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Nov, 19-21, 2009 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Autobiographical for trauma ,1 st Joint conference of the EPS and SEPEX ,April, 15-17, 2010 ,Spanish Experimental Psychological Society-SEPEX (Granada - Spain) (International).
- * Adiccion a Internet y su relacion con ansiedad y depresion ,VIII CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Oct, 23-25, 2014 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Socializacion y su relacion con asertividad y autoestima ,VIII CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Oct, 23-25, 2014 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Inteligencia social y su relacion con autoestima y aspiracion academica ,VIII CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Oct, 23-25, 2014 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Estudio de memorias sobre sucesos traumaticos en una muestra palestina ,VI CONGRESO NACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Abril, 28-30, 2011 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Consumo de drogas y tiempo libre en los universitarios palestinos ,IX CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Feb, 25-27, 2016 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Diferencias entre recuerdos traumaticos y felices en la franja de Gaza, Palestina. ,IX CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Feb, 25-27, 2016 ,Sociedad Espanola de Psicologia Juridica y Forense (International).

- Presenter**
- * Trastorno de Estrés Postraumático en menores víctimas de la guerra. ,IX CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Feb, 25-27, 2016 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
 - * Expresiones del YO adolescente palestino: Asertividad, autoestima y frustración social. ,IX CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Feb, 25-27, 2016 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
 - * CHARACTERISTICS OF MEMORIES FOR WAR EXPERIENCES ,International Meeting of the Psychonomic Society ,May, 5-8, 2016 ,Spanish Experimental Psychological Society-SEPEX (Granada - Spain) (International).
-

SUPERVISION

(DEGREE , CANDIDATES , THESIS , SESSION , YEAR)

- | | |
|------------------|---|
| Ongoing | <ul style="list-style-type: none">* Master ,Saja Shaqalah ,Human values and their relationship to the Big Five traits of personality among Palestinian university students in the Gaza Strip ,2023 ,Al Azhar University - Gaza Palestine* PHD ,Fairouz Hemaïd ,Assessment and Development of a Stigma Program in UNRWA Schools in the Gaza Strip (Palestine) ,2017 ,Universidad Almeria (Spain) |
| Completed | <ul style="list-style-type: none">* Master ,Jaber Alazaiza ,Internet addiction and its relation with anxiety and depression among Palestinian adolescents ,2016 ,Al Azhar University-Gaza* Master ,Saleh Kullab ,Social Intelligence among Adolescents and Its Relationship to Self-Esteem and Academic Level of Aspiration ,2016 ,Al Azhar University-Gaza* Master ,Fairouz Hemaïd ,Socialization and its relation to self- assertiveness of Palestinian adolescents in Gaza Strip ,2015 ,Al Azhar University-Gaza |
-

EVALUATION ACTIVITIES

(DESCRIPTION , EVALUTION , YEAR)

- | | |
|---------------|--|
| Others | <ul style="list-style-type: none">* Collective Memories - University of the Basque Country ,2016 |
|---------------|--|

TEACHING

(LEVEL , COURSE)

- | | |
|----------------------|---|
| First Degree | * Clinical Psychology
* Developmental Psychology
* Counseling Psychology
* Criminal Psychology
* Educational Guidance
* Supervision of field training in mental health centers
* Medical Psychology
* General Psychology
* Social Psychology
* Applied Statistics
* Psychology of Personality
* Descriptive statistics
* Biological Statistics
* Guidance and Counselling
* Psychotherapy
* Psychopathology
* Inferential statistics
* Adolescent Psychology |
| Post Graduate | * Educational and Psychological Statistics
* Advanced Social Psychology
* Clinical Supervision |
-

CONTRIBUTION TO SOCIETY

(START DATE - END DATE , CONTRIBUTION , LEVEL)

- | | |
|------------------------|---|
| 2016 - Till now | * Orcid: 0000-0002-1703-5555 ,International |
| 2016 - Till now | * Researcher ID: I-8585-2016 ,International |
| 1992 - 1995 | * Plenipotentiary representative of the General Union of Palestinian Farmers and Cooperatives ,National |
| 1995 - 1995 | * Representation of ANP in the signing of the Agreement with the Junta de Castilla-Leon ,International |
| 1994 - 1995 | * Representative of the Palestinian Farmers Union in CIHEAM Zaragoza - Spain ,International |
| 1994 - 2007 | * Representative of ASAM, Spain, in Palestinian National Authority ,International |
| 1991 - 1994 | * A member of Psychologist Syndicate, Santiago de Compostela - Spain ,International |
-

SKILLS

(SKILL , PROFICIENCY)

STATA ,Excellent

SPSS ,Excellent

languages: Galician ,Very Good

languages: English ,Good

languages: Spanish ,Excellent

CONTINUING EDUCATION

(YEAR , COURSE NAME , PLACE , INSTITUATION , PERIOD)

2010 ,SPSS & LISREL ,Gaza, Palestine ,Islamic University - Gaza ,5/6/2010 to 3/7/2010

2010 ,E-Learning and Computerized Exams ,Gaza, Palestine ,Islamic University - Gaza ,27/3/2010 to 8/5/2010

2010 ,Project Management ,Gaza, Palestine ,Islamic University - Gaza ,5/6/2010 to 3/7/2010

2010 ,English for Academic purposes ,Gaza, Palestine ,Islamic University - Gaza ,27/3/2010 to 8/5/2010

2010 ,SPSS ,Gaza, Palestine ,Islamic University - Gaza ,6/2/2010 to 22/2/2010

2008 ,Module I: New Teaching Methodologies in the EHEA ,Madrid - Spain ,Complutense University of Madrid ,3/10/2008 to 14/11/2008

2008 ,Module IV: Application of the Virtual Campus ,Madrid - Spain ,Complutense University of Madrid ,25/11/2008 to 16/12/2008

2008 ,Module V: Organization and Design of Subjects Adapted to the EHEA ,Madrid - Spain ,Complutense University of Madrid ,25/11/2008 to 16/12/2008

2008 ,Module III: Experiences of Innovation and Improvement of Teaching Quality ,Madrid - Spain ,Complutense University of Madrid ,25/11/2008 to 16/12/2008

2008 ,Module II: Teaching Methods Based on the Development of Competencies ,Madrid - Spain ,Complutense University of Madrid ,25/11/2008 to 16/12/2008

2004 ,Methodologies for content analysis and group interaction ,Santiago de Compostela - Spain ,University of Santiago de Compostela ,15/7/2004 to 15/9/2004

2003 ,Methodologies for content analysis and group interaction ,Santiago de Compostela - Spain ,University of Santiago de Compostela ,15/7/2003 to 15/9/2003

1994 ,The Economics of Natural Resources ,Zaragoza - Spain ,CIHEAM ,12/12/1994 to 22/12/1994

1988 ,Rhetoric ,Salamanca - Spain ,Pontifical University of Salamanca ,1/10/1987 to 30/6/1988

1988 ,First Monographic Course on International Humanitarian Law and the Red Cross ,Salamanca - Spain ,Spanish Red Cross ,23/3/1988

1987 ,The European Convention on Human Rights ,Salamanca - Spain ,Pontifical University of Salamanca ,1/10/1986 to 24/6/1987

1987 ,Philosophy and Science Newton's Thought ,Salamanca - Spain ,University of Salamanca ,12/11/1987 to 14/11/1987

TRAINING COURSES

(YEAR , COURSE NAME , PLACE , INSTITUATION , PERIOD)

2014 ,Psychological effects of war on the Palestinian population of the Gaza Strip ,Madrid - Spain ,Complutense University of Madrid ,24/11/2014

2011 ,Palestinian Education in a Changing Environment: The New Role of Universities in the 21st Century ,Gaza, Palestine ,Al Azhar University- Gaza ,27/9/2011

2010 ,The Palestinian - Israeli conflict ,Madrid - Spain ,Complutense University of Madrid ,16/12/2010

2008 ,Teaching Youth in Gaza ,Madrid - Spain ,Complutense University of Madrid ,18/12/2008

2004 ,Dynamization of the Social Tissue ,Salamanca - Spain ,ASAM ,4/7/2004 to 29/8/2004

2003 ,Dynamization of the Social Tissue ,Salamanca - Spain ,ASAM ,4/7/2003 to 29/8/2003

Stay in Foreign Universities (Invitation)

- 1.- Faculty of Psychology - University of Almeria (17-19 July 2016).
- 2.- Faculty of Psychology - University of Basque Country (10-16 July 2016).
- 3.- Faculty of Psychology - University of Barcelona (22-23 July 2016).
- 4.- Faculty of Psychology - Complutense University of Madrid (27-29 July 2016).
- 5.- Faculty of Psychology - Complutense University of Madrid (20-22 November 2013).
- 6.- Faculty of Psychology - Complutense University of Madrid (20 November 2011).
- 7.- Faculty of Psychology - Complutense University of Madrid (18 October 2010 to 18 March 2011).
- 8.- Faculty of Psychology - Complutense University of Madrid (1 August 2008 to 30 June 2009).
- 9.- Faculty of Psychology - University of Santiago de Compostela (15 July 2004 to 15 September 2004).
- 10.- Faculty of Psychology - University of Santiago de Compostela (15 July 2003 to 15 September 2003).