

CURRICULUM VITAE

جامعة الأزهر
Al-Azhar University-Gaza



Sofian Hamdan Khalil El-Astal

Last Update:08/01/2023

PERSONAL DETAILS

Date Of Birth	1/12/1959	Place Of Birth	Gaza - Palestine
Nationality	Palestinian		
Marital Status	Married	Gender	Male
Designation	Associate Professor		
Department	Psychology		
Faculty	Education		
Tel. No. (Office)	+970-08-264184		
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ACADEMIC QUALIFICATIONS

(YEAR , QUALIFICATION , INSTITUTION , TITLE)

2012	Doctoral Degree, PHD, Faculty of Medicine - University of Santiago de Compostela -Spain (Beliefs and Attitudes related to tobacco consumption among palestinian odontologists in the Gaza Strip)
2009	Diploma, Faculty of Medicine - University of Santiago de Compostela -Spain (Smoking habit among Palestinian students of the Bachelor of Pedagogy at the University of Al-Azhar)
1998	Doctoral Degree, PHD, Faculty of Psychology - University of Santiago de Compostela - Spain (Psychological analysis of adolescence. Psychosocial profile of the Palestinian teenager)
1991	Master Degree, MSC, Institute of European Studies and Human Rights - Pontifical University of Salamanca - Spain (European Communities and Human Rights)
1991	Master Degree, MSC, Institute of European Studies and Human Rights - Pontifical University of Salamanca - Spain (Health and the environment)
1991	Bachelor Degree, BSC, Faculty of Psychology - Pontifical University of Salamanca - Spain (Industrial psychology: health and working conditions in Spain)
1991	Bachelor Degree, BSC, University of Salamanca - Spain (Bachelor of Philosophy and Education Sciences)
1990	Diploma, E.S.E.F.A - Pontifical University of Salamanca - Spain (Social media and adult education)
1988	Diploma, Pontifical University of Salamanca - Spain (Technical Occupational Safety and Working Conditions)

CAREER HISTORY

(START DATE - END DATE, EMPLOYMENT , ORGANIZATION)

2008 ,	Professor (Associate) , Al Azhar University-Gaza
1999 ,2008	Professor (Assistant) , Al Azhar University-Gaza
1992 ,1993	Psychology Clinic , Private (Collegiate number 1725)
1999 ,2001	Head of the Department of Psychological Counseling , Palestinian Ministry of Education

ADMINISTRATIVE DUTIES

(START DATE - END DATE , ROLE , LEVEL)

2009 ,2009	Chairman of the Summer Semester Examination Committee , University
2004 ,2004	Chairman of the Commission for the exams of the South Commission , University

PROFESSIONAL AFFILIATION/MEMBERSHIP

(YEAR , ORGANISATION , ROLE , LEVEL)

2017 Institute of Business Management · Department of Marketing Pakistan, International Board Members, International

2016 Arees University · International Journal of Psycho-Educational Sciences, Editor, International

2016 University of Barcelona, Researcher, International

2016 University of the Basque Country, Researcher, International

2016 University of Almeria, Researcher, International

2010 Autonomous University of Madrid, Researcher, International

2010 Group in Eyewitness Testimony, Researcher, International

2010 Al-Azhar University-Gaza, Palestine., Editor, University

AREAS OF EXPERTISE

(AREA)

Emotion , Social y Clinical Psychology , Public Health ,

SELECTED PUBLICATIONS

- (Book \ Chapter in Book)

- 1 Sofian El-Astal (Coauthor) (2019) . Towards Meaningful Comparisons of Personality in Large-Scale Cross-Cultural Studies, ,
- 2 Paez, D., Mathias, A., Cavalli, S., Guichard, E., Pizarro, J.J., Mendez, L., & El-Astal, S. (2018) . Flashbulb Memories and Collective Memories: Psychosocial Processes Related to Rituals, Emotions and Memories, O. Luminet, A. Curci & M.A. Conway (Eds.), London ISBN 9781317226154
- 3 Sofian El-Astal (2008) . Socializacion de los adolescentes palestinos sin responsabilidad penal, Universidad de Oviedo, Oviedo I.S.B.N.: 978-84-837-708-2.
- 4 Sofian El-Astal (2007) . Conductas Inadaptadas: Conducta Antisocial y Consumo de Drogas en Adolescentes Palestinos sin Responsabilidad Penal, Publisher: Sociedad Espanola de Psicologia Juridica y Forense, Santiago de Compostela I.S.B.N.: 978-84-7795-459-0
- 5 Sofian El-Astal (2005) . Comportamientos Disruptivos: Perfil del Menor Palestino, Publisher: XUNTA DE GALICIA, Santiago de Compostela I.S.B.N.: 84-689-2617-5

- 1 Sofian el-Astal (2022) . Milieu effects on the Dark Triad traits and their sex differences in 49 countries, *Personality and Individual Differences*,() ,. (ISI/SCOUPS Cited Publication)
- 2 Sofian el-Astal (Coauthor) (2022) . The global impact of adverse childhood experiences on criminal behavior: A cross-continental study, *Child Abuse & Neglect*,() ,. (ISI/SCOUPS Cited Publication)
- 3 Sofian El-Astal (2021) . Who in the World is Trying to Change Their Personality Traits? Volitional Personality Change Among College Students in 56 Countries, *Journal of Personality and Social Psychology*,() ,. (ISI/SCOUPS Cited Publication)
- 4 Sofian El-Astal (Coauthor) (2021) . Structure of dark triad dirty dozen across eight world regions, *Assessment* 28 (4), 1125-1135,() ,. (ISI/SCOUPS Cited Publication)
- 5 Sofian El-Astal (Coauthor) (2021) . Traumatic Events Exposure and Psychological Trauma in Children Victims of War in the Gaza Strip, *Journal of Interpersonal Violence*,() ,. (ISI/SCOUPS Cited Publication)
- 6 Sofian El-Astal (Coauthor) (2020) . Happiness around the world: A combined etic-emic approach across 63 countries, *PLoS ONE* 15(12): e0242718.,() ,. (ISI/SCOUPS Cited Publication)
- 7 Sofian El-Astal (Coauthor) (2020) . Staff perception of respect for human rights of users and organizational well-being: A study in four different countries of the Mediterranean area, *Clinical Practice and Epidemiology in Mental Health: CP & EMH* 16 (Suppl-1), 109,() ,. (ISI/SCOUPS Cited Publication)
- 8 Sofian El-Astal (Coauthor) (2020) . Between happiness and sorrow: Phenomenal characteristics of autobiographical memories concerning war episodes and positive events in the Gaza Strip, *Memory Studies* 2020, Vol. 13(6) 917– 931,13(6)() ,917– 931. (ISI/SCOUPS Cited Publication)
- 9 Sofian El-Astal (Coauthor) (2020) . Country-level correlates of the Dark Triad traits in 49 countries, *Journal of Personality*. 2020;00:1–16.,() ,. (ISI/SCOUPS Cited Publication)
- 10 Lander Méndez Casas, Stefano Cavalli, Sofian El-Astal, Carolina Alzugaray (2018) . Hechos de cambio en el curso de la vida: su impacto en la memoria autobiografica y en el bienestar, *In press*,() ,. (ISI Cited Publication)
- 11 Antonio L. Manzanero, Maria Crespo, Susana Baron, Teresa Scott, Sofian El-Astal, Fairouz Hemaïd (2017) . Traumatic Events Exposure and Psychological Trauma in Children Victims of War in the Gaza Strip, *Journal of Interpersonal Violence*, First Published 23() , 1-20 [JCR Impact factor (2016): 1.940]. (ISI/SCOUPS Cited Publication)
- 12 Zine El Abiddine, F., Dave, H., Aldhafri, S., El-Astal, S., Hemaïd, F., Parker, J.D.A. (2017) . Cross-validation of the 20-item Toronto Alexithymia Scale: Results from an Arabic multicenter study., *Personality and Individual Differences*,113() ,219-222 [JCR Impact factor (2016): 2.005]. (ISI/SCOUPS Cited Publication)
- 13 Hemaïd, F., El-Astal, S., Cangas, A.J., Navarro, N. & Aguilar-Parra, J.M. (2016) . Psychometric Properties of the Palestinian Version of the Acceptance and Action Questionnaire-II (AAQ-II) applied in The Gaza Strip., *Journal of Psycho-Educational Sciences*,5(3)() ,52-59 [Impact factor (2016): 4.036 (SJIF)]
- 14 El-Astal, S. (2016) . Traumatic Memories and PTSD in Palestinian Children and adolescents in the Gaza strip, *Pensando Psicologia*,12 (20)() ,5-12
- 15 Manzanero, A.L., Lopez, B., Aroztegui, J. & El-Astal, S., (2015) . Autobiographical memories for negative and positive events in war contexts., *Anuario de Psicologia Juridica*,25() ,57-64.. (ISI/SCOUPS Cited Publication)
- 16 Manzanero, A.L., El-Astal, S., & Aroztegui, J. (2009) . Implication Degree and Delay on Recall of Events: An Experimental and HDV Study., *European Journal of Psychology Applied to Legal Context*,1(2)() ,101-116 [JCR Impact factor (2009): 1.450]. (ISI/SCOUPS Cited Publication)

- 17 Sofian El-Astal (2008) . Valores de los jovenes universitarios palestinos,Revista de Psicologia Social,23(1)() ,53-61 [JCR Impact factor (2008): 0.5]. (ISI/SCOUPS Cited Publication)
- 18 Gonzalo Serrano, Sofian El-Astal, Filomena Faro (2004) . La adolescencia en Espana, Palestina y Portugal: analisis comparativo,Psicothema,16(3)() ,468-475 [JCR Impact factor (2004): 0.96]. (ISI/SCOUPS Cited Publication)

- Proceedings

- 1 Sofian El-Astal (2016) . Expresiones del YO adolescente palestino: Asertividad, Autoestima y Frustracion social,IX Congreso Internacional de Psicologia Juridica y Forense,Madrid,25-27 de febrero,76-80
- 2 Sofian El-Astal (2016) . Consumo de drogas y tiempo libre en los universitarios palestinos,IX Congreso Internacional de Psicologia Juridica y Forense,Madrid,25-27 de febrero,604-607

- Technical Report

- 1 Sofian El-Astal (1994) . A Percepcion do accidente na Costa da Morte Galega,A Peneira,Peneira - primeira Quincena Agosto, 1994; P. 5).
- 2 Sofian El-Astal (1992) . Un proxecto de investigacion para o sector pesqueiro galego: Seguridade e hixiene no traballo,A Peneira,primeira Quincena Xullo, 1992; P. 10 & 11).
- 3 Sofian El-Astal (1992) . Os medios de comunicacion na educacion de adultos,A Peneira,primeira e segunda Quincena Outubro, 1992; P. 16).
- 4 Sofian El-Astal (1992) . Unha politica ambiental,A Peneira,primeira Quincena Abril, 1992; P. 2).
- 5 Sofian El-Astal (1992) . Experiencia en educacion de adultos no medio rural de A Coruna,A Peneira,primeira Quincena Xune, 1992; P. 26).
- 6 Sofian El-Astal (1992) . Riesgo en el trabajo,El Correo Gallego,viernes 26-6-1992; P. 4).

RESEARCH PROJECTS

(FROM - TO ,PROJECT_TITLE ,ROLE ,SOURCE ,LEVEL)

2008 ,2009	Felicidad, Happiness and Saada" (141085-EM-1-2008-BE-ERA). ,Principal Investigator ,Yes ,International
2018 ,2020	Cultura, afrontamiento y regulacion emocional: Emociones y Encuentros colectivos ,Investigator ,No ,International
2016 , till now	International Situations Project ,Investigator ,No ,International
2017 , till now	Assessment of memories and psychological disorders associated to trauma in refugees ,Investigator ,No ,International
2008 , till now	Research Group on Eyewitness Testimony ,Investigator ,No ,International
2016 , till now	Narcissism(s) and self-esteem(s) in cross-cultural context ,Investigator ,No ,International
2016 , till now	CEVI Research Program ,Investigator ,No ,International

PRESENTATIONS

(TITLE ,EVENT ,DATE ,ORGANISER ,LEVELL)

Others

- * Vocales del Comit  científico internacional ,XXIV Congreso Internacional INFAD ,Abril, 25-30, 2017 ,Asociacion Internacional de Psicologia Evolutiva de la Infancia, Adolescencia (INFAD) (International).

Presenter

- * Analysis of the deliberation in the Jury ,XI Congreso Mexicano de Psicologia ,Oct, 22-24, 2003 ,Autonomous University of Campeche (International).
- * Socializacion y comportamientos disruptivos en menores palestinos ,I CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,July, 12-14, 2004 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Conductas Inadptadas ,II CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Dec, 15-17, 2005 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Socializacion de los adolescentes palestinos ,III CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Abril, 26-28, 2007 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Tiempo libre y consumo de drogas en los jovenes universitarios palestinos ,IV CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,May, 8-10, 2008 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Caracteriscticas diferenciales de las memorias sobre los hechos traumaticos ,V CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Nov, 19-21, 2009 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Autobiographical for trauma ,1 st Joint conference of the EPS and SEPEX ,April, 15-17, 2010 ,Spanish Experimental Psychological Society-SEPEX (Granada - Spain) (International).
- * Adiccion a Internet y su relacion con ansiedad y depresion ,VIII CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Oct, 23-25, 2014 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Socializacion y su relacion con asertividad y autoestima ,VIII CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Oct, 23-25, 2014 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Inteligencia social y su relacion con autoestima y aspiracion academica ,VIII CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Oct, 23-25, 2014 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Estudio de memorias sobre sucesos traumaticos en una muestra palestina ,VI CONGRESO NACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Abril, 28-30, 2011 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Consumo de drogas y tiempo libre en los universitarios palestinos ,IX CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Feb, 25-27, 2016 ,Sociedad Espanola de Psicologia Juridica y Forense (International).
- * Diferencias entre recuerdos traumaticos y felices en la franja de Gaza, Palestina. ,IX CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Feb, 25-27, 2016 ,Sociedad Espanola de Psicologia Juridica y Forense (International).

Presenter	* Trastorno de Estrés Postraumatico en menores victimas de la guerra. ,IX CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Feb, 25-27, 2016 ,Sociedad Espanola de Psicologia Juridica y Forense (International). * Expresiones del YO adolescente palestino: Asertividad, autoestima y frustracion social. ,IX CONGRESO INTERNACIONAL DE PSICOLOGIA JURIDICA Y FORENSE ,Feb, 25-27, 2016 ,Sociedad Espanola de Psicologia Juridica y Forense (International). * CHARACTERISTICS OF MEMORIES FOR WAR EXPERIENCES ,International Meeting of the Psychonomic Society ,May, 5-8, 2016 ,Spanish Experimental Psychological Society-SEPEX (Granada - Spain) (International).
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SUPERVISION

(DEGREE ,CANDIDATES ,THESIS ,SESSION ,YEAR)

Ongoing	* Master ,Saja Shaqalaih ,Human values and their relationship to the Big Five traits of personality among Palestinian university students in the Gaza Strip ,2023 ,Al Azhar University - Gaza Palestine * PHD ,Fairouz Hemaïd ,Assessment and Development of a Stigma Program in UNRWA Schools in the Gaza Strip (Palestine) ,2017 ,Universidad Almeria (Spain)
Completed	* Master ,Jaber Alazaiza ,Internet addiction and its relation with anxiety and depression among Palestinian adolescents ,2016 ,Al Azhar University-Gaza * Master ,Saleh Kullab ,Social Intelligence among Adolescents and Its Relationship to Self-Esteem and Academic Level of Aspiration ,2016 ,Al Azhar University-Gaza * Master ,Fairouz Hemaïd ,Socialization and its relation to self- assertiveness of Palestinian adolescents in Gaza Strip ,2015 ,Al Azhar University-Gaza

EVALUATION ACTIVITIES

(DESCRIPTION ,EVALUTION ,YEAR)

Others	* Collective Memories - University of the Basque Country ,2016
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TEACHING

(LEVEL , COURSE)

First Degree	* Clinical Psychology * Developmental Psychology * Counseling Psychology * Criminal Psychology * Educational Guidance * Supervision of field training in mental health centers * Medical Psychology * General Psychology * Social Psychology * Applied Statistics * Psychology of Personality * Descriptive statistics * Biological Statistics * Guidance and Counselling * Psychotherapy * Psychopathology * Inferential statistics * Adolescent Psychology
Post Graduate	* Educational and Psychological Statistics * Advanced Social Psychology * Clinical Supervision

CONTRIBUTION TO SOCIETY

(START DATE - END DATE , CONTRIBUTION , LEVEL)

2016 - Till now	* Orcid: 0000-0002-1703-5555 ,International
2016 - Till now	* Researcher ID: I-8585-2016 ,International
1992 - 1995	* Plenipotentiary representative of the General Union of Palestinian Farmers and Cooperatives ,National
1995 - 1995	* Representation of ANP in the signing of the Agreement with the Junta de Castilla-Leon ,International
1994 - 1995	* Representative of the Palestinian Farmers Union in CIHEAM Zaragoza - Spain ,International
1994 - 2007	* Representative of ASAM, Spain, in Palestinian National Authority ,International
1991 - 1994	* A member of Psychologist Syndicate, Santiago de Compostela - Spain ,International

SKILLS

(SKILL , PROFICIENCY)

STATA ,Excellent
SPSS ,Excellent
languages: Galician ,Very Good
languages: English ,Good
languages: Spanish ,Excellent

CONTINUING EDUCATION

(YEAR , COURSE NAME , PLACE , INSTITUTION , PERIOD)

2010 ,SPSS & LISREL ,Gaza, Palestine ,Islamic University - Gaza ,5/6/2010 to 3/7/2010
2010 ,E-Learning and Computerized Exams ,Gaza, Palestine ,Islamic University - Gaza ,27/3/2010 to 8/5/2010
2010 ,Project Management ,Gaza, Palestine ,Islamic University - Gaza ,5/6/2010 to 3/7/2010
2010 ,English for Academic purposes ,Gaza, Palestine ,Islamic University - Gaza ,27/3/2010 to 8/5/2010
2010 ,SPSS ,Gaza, Palestine ,Islamic University - Gaza ,6/2/2010 to 22/2/2010
2008 ,Module I: New Teaching Methodologies in the EHEA ,Madrid - Spain ,Complutense University of Madrid ,3/10/2008 to 14/11/2008
2008 ,Module IV: Application of the Virtual Campus ,Madrid - Spain ,Complutense University of Madrid ,25/11/2008 to 16/12/2008
2008 ,Module V: Organization and Design of Subjects Adapted to the EHEA ,Madrid - Spain ,Complutense University of Madrid ,25/11/2008 to 16/12/2008
2008 ,Module III: Experiences of Innovation and Improvement of Teaching Quality ,Madrid - Spain ,Complutense University of Madrid ,25/11/2008 to 16/12/2008
2008 ,Module II: Teaching Methods Based on the Development of Competencies ,Madrid - Spain ,Complutense University of Madrid ,25/11/2008 to 16/12/2008
2004 ,Methodologies for content analysis and group interaction ,Santiago de Compostela - Spain ,University of Santiago de Compostela ,15/7/2004 to 15/9/2004
2003 ,Methodologies for content analysis and group interaction ,Santiago de Compostela - Spain ,University of Santiago de Compostela ,15/7/2003 to 15/9/2003
1994 ,The Economics of Natural Resources ,Zaragoza - Spain ,CIHEAM ,12/12/1994 to 22/12/1994
1988 ,Rhetoric ,Salamanca - Spain ,Pontifical University of Salamanca ,1/10/1987 to 30/6/1988
1988 ,First Monographic Course on International Humanitarian Law and the Red Cross ,Salamanca - Spain ,Spanish Red Cross ,23/3/1988
1987 ,The European Convention on Human Rights ,Salamanca - Spain ,Pontifical University of Salamanca ,1/10/1986 to 24/6/1987
1987 ,Philosophy and Science Newton's Thought ,Salamanca - Spain ,University of Salamanca ,12/11/1987 to 14/11/1987

TRAINING COURSES

(YEAR , COURSE NAME , PLACE , INSTITUTION , PERIOD)

2014 ,Psychological effects of war on the Palestinian population of the Gaza Strip ,Madrid - Spain ,Complutense University of Madrid ,24/11/2014
2011 ,Palestinian Education in a Changing Environment: The New Role of Universities in the 21st Century ,Gaza, Palestine ,Al Azhar University- Gaza ,27/9/2011
2010 ,The Palestinian - Israeli conflict ,Madrid - Spain ,Complutense University of Madrid ,16/12/2010
2008 ,Teaching Youth in Gaza ,Madrid - Spain ,Complutense University of Madrid ,18/12/2008
2004 ,Dynamization of the Social Tissue ,Salamanca - Spain ,ASAM ,4/7/2004 to 29/8/2004
2003 ,Dynamization of the Social Tissue ,Salamanca - Spain ,ASAM ,4/7/2003 to 29/8/2003

Stay in Foreign Universities (Invitation)

- 1.- Faculty of Psychology - University of Almeria (17-19 July 2016).
- 2.- Faculty of Psychology - University of Basque Country (10-16 July 2016).
- 3.- Faculty of Psychology - University of Barcelona (22-23 July 2016).
- 4.- Faculty of Psychology - Complutense University of Madrid (27-29 July 2016).
- 5.- Faculty of Psychology - Complutense University of Madrid (20-22 November 2013).
- 6.- Faculty of Psychology - Complutense University of Madrid (20 November 2011).
- 7.- Faculty of Psychology - Complutense University of Madrid (18 October 2010 to 18 March 2011).
- 8.- Faculty of Psychology - Complutense University of Madrid (1 August 2008 to 30 June 2009).
- 9.- Faculty of Psychology - University of Santiago de Compostela (15 July 2004 to 15 September 2004).
- 10.- Faculty of Psychology - University of Santiago de Compostela (15 July 2003 to 15 September 2003).