

Planning and Quality Assurance Affairs

Form (A)

Course Specifications

General Information

Course name	Fundamentals of Nursing (1) Practice
Course number	NURS2204
Faculty	
Department	
Course type	Major Needs
Course level	2
Credit hours (theoretical)	0
Credit hours (practical)	2
Course Prerequisites	

Course Objectives

1 - 1-	Demonstrate skills of Admission, Transfer, and Discharge Clients
2 -	Demonstrate skills of Medical Asepsis.
3 -	Demonstrate skills of Vital Signs Measurement.
4 -	Demonstrate skills of Physical Assessment & Documentation.
5 -	Demonstrate skills of Measuring Blood Glucose Level.
6 -	Demonstrate skills of Recording 12 Leads ECG.
7 -	Demonstrate skills of Patient Hygiene, Bed Making, Back Care and Physical Restriction.

Intended Learning Outcomes

Knowledge and Understanding	<ul style="list-style-type: none"> * • To understand concepts of entry, transport and referral in common protocols used in the Palestinian Health Care Agencies. * • To understand principles of infection control. * • To determine principles of clinical examination and perform basic physical assessment. * • To understand principles of documentation and deal with medical records. * • To understand types of Diabetes Mellitus, Diagnosis, and Management. * • To describe common types of Heart Disease and list indications of ECG recording.
Intellectual Skills	<ul style="list-style-type: none"> * • To describe interventions in a case of abnormal vital signs results.
Professional Skills	<ul style="list-style-type: none"> * • To do procedures of medical asepsis and hand washing. * • To assess body temperature. * • To assess pulse. * • To assess respiration. * • To assess Arterial Blood Pressure. * • To measure blood glucose level by glucometers. * • To perform 12 lead ECG. * • To perform of all types hospital bed-making.
General Skill	<ul style="list-style-type: none"> * • To demonstrate self-confidence when student deals with medical equipment used. * • To demonstrate team work and cooperation.

Course Contents

1 - •	Introduction to Fundamental of Nursing Skills 1.
2 - •	Admitting and Discharging a Client.
3 - •	Asepsis – Hand washing.
4 - •	Body Temperature Assessing
5 - •	Assessing Pulse Rate.
6 - •	Assessing Respiration Rate.
7 - •	Assessing Blood Pressure.
8 - •	Performing a Physical Assessment
9 - •	Documentation.
10 - •	Using a Glucometer & Recording an ECG.
11 - •	Providing a Tub Bath & Perineal Care
12 - •	Giving a Bed Bath.
13 - •	Oral Care to Unconscious Pt. & Shampooing Hair.
14 - •	Making an Unoccupied Bed & Occupied Bed
15 - •	Back Massage & Using Physical Restraints.

Teaching and Learning Methods

- 1 - Group discussions & Interactive lectures.
- 2 - Quizzes.
- 3 - Demonstrations and Return Demonstrations.
- 4 - Simulations.
- 5 - Hands-on Skills Practice and Performance.
- 6 - Computer Assisted Instruction.
- 7 - Critical Thinking Exercises.
- 8 - Multimedia activities.
- 9 - Interactive educational activities.
- 10 - Audio visuals.

Teaching and Learning Methods for the Disabled Students

- 1 - • Computer Assisted Instruction.
- 2 - • Multimedia activities & Audio visuals.
- 3 - Interactive educational activities.

Students Assessment

<u>Assessment Method</u>	<u>TIME</u>	<u>MARKS</u>
First mid-term exam	Fourth week	20%
Attendance and discussion		15%
Homework and project reports		5%
Final Written Exam	16th week	60%

Books and References

Course note	Available at the University's library.
Essential books	Lynn, P. B., Taylor, C., & Lynn, P. B. (2011). Taylors handbook of clinical nursing skills. Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.
Recommended books	Rebeiro, G. (2012). Fundamentals of nursing: Clinical skills workbook. Chatswood, N.S.W: Mosby. Burton, M., & Ludwig, L. (2014). Study Guide for Fundamentals of Nursing Care: Concepts, Connections, and Skills, 2nd edition. Berman, A. J., Snyder, S. J., Kozier, B., & Erb, G. (2012). Fundamentals of nursing: Concepts, process, and practice (9th ed.). New Jersey: Pearson Prentice Hall.