

Planning and Quality Assurance Affairs

Form (A)

Course Specifications

General Information

Course name	Health Assessment
Course number	NURS2306
Faculty	
Department	
Course type	Major Needs
Course level	2
Credit hours (theoretical)	2
Credit hours (practical)	1
Course Prerequisites	

Course Objectives

- 1 - 1- Utilize therapeutic communication techniques within the nurse-client relationship.
- 2 - 2- Assess health history, including environmental exposure, wellness/illness beliefs, values, attitudes, and practices of individuals, and a focused family health history.
- 3 - 3- Identify cultural, developmental, and functional patterns, variations in the health status of individuals across the lifespan.
- 4 - 4- Perform an integrated comprehensive physical examination using inspection, palpation, percussion, and auscultation techniques.
- 5 - 5- Document health assessment data in accordance with legal and ethical guidelines.

Intended Learning Outcomes

Knowledge and Understanding	<ul style="list-style-type: none">* A1. Recall previous knowledge of anatomy and physiology related to each body system.* A2. Identify the components of health assessment* A3. Recognize normal findings of health assessment and the deviation from normal.* A4. Articulate appropriate health education and promotion related to physical assessment results.
Intellectual Skills	<ul style="list-style-type: none">* B1. Explain health assessment techniques appropriate to each body system.* B2. Differentiate between normal and abnormal health assessment findings.* B3. Figure out put all together health assessment in a scientific and safely way.
Professional Skills	<ul style="list-style-type: none">* C1. Apply relevant anatomy and physiology to the health assessment process.* C2. Illustrate appropriate techniques in performing health assessment* C3. Demonstrate necessary skills in documenting health assessment findings.* C4. Determine the suitable health education that should be covered based on clients needs.* C5. Apply appropriate health promotion based on the physical assessment performed.
General Skill	<ul style="list-style-type: none">* D1. Develop data obtained from health assessment in correct and accurate terms.* D2: facilitate effective communication skills to ensure comfort and healthy atmosphere.* D3. Formulate the findings of physical assessment with related health education.* D4. Create health promotion plan that is suitable with physical assessment findings.

Course Contents

- 1 - UNIT ONE: Health Assessment Concepts
- 2 - 1- Interview and health history
- 3 - 2- Overview and health examination.
- 4 - UNIT TWO: General Health Assessments
- 5 - 3-General survey vital signs and pain assessment
- 6 - 4-Nutrition assessment
- 7 - 5-Mental health assessment
- 8 - UNIT THREE: Regional Examinations.
- 9 - 6-Skin,hair and nails assessment
- 10 - 7-Head and neck assessment
- 11 - 8-Eyes assessment
- 12 - 9-Ears assessment
- 13 - 10-Nose,sinuses,mouth and throat assessment
- 14 - 11-Thorax and lung assessment
- 15 - 12-Heart and neck vessels assessment
- 16 - 13- Peripheral vascular with lymphatic assessment
- 17 - 14-Breasts with lymphatic assessment
- 18 - 15-Abdominal assessment
- 19 - 16-Musculoskeletal assessment
- 20 - 17-Neurological assessment
- 21 - 18-Male genitalia and rectal assessment
- 22 - 19-Female genitalia and rectal assessment
- 23 - UNIT FOUR: Health Assessment Across the Lifespan
- 24 - 20-Adult head-to-toe examination
- 25 - 21-Pregnant women
- 26 - 22-Children:newborns through adolescents
- 27 - 23-Older adults.

Teaching and Learning Methods

- 1 - - Interactive lecture
- 2 - - Group discussion
- 3 - - Demonstrations.
- 4 - Learning Resources
- 5 - - Audiovisual aids.
- 6 - - Nursing Laboratory.
- 7 - - Models.

Students Assessment

<u>Assessment Method</u>	<u>TIME</u>	<u>MARKS</u>
First midterm exam	4th week	20%
Second midterm exam	8th week	10%
Attendance, Quizzes Participations		5%
Assignments		5%
Final clinical exam	16th week	10%
Final theory exam	16th week	50%

Books and References

Course note	Available at the University's library.
Essential books	Sharon Jensen. (2011). The Pocket Guide for Nursing Health Assessment: A Best Practice Approach. Philadelphia: Wolters Kluwer Health Lippincott Williams & Wilkins. ISBN 978-1-58255-846-2 (spiral bound : alk. paper).
Recommended books	<p>Hogan-Quigley, B. Palm, L. Bickley, L. (2013). Bates Nursing guide to physical examination and history taking (11th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins.</p> <p>Cozier, B. (2004). Fundamental of Nursing: Concepts, Process, and Practice. New Jersey: Pearson Education Inc.</p> <p>Farland M.C. & McFarlane E. (2005). Nursing Diagnosis and Intervention. St. Louis: The C.V. Mosby Co.</p>