

Planning and Quality Assurance Affairs

Form (A)

Course Specifications

General Information

Course name	Adult Health Nursing (1) Theory
Course number	NURS2309
Faculty	
Department	
Course type	Major Needs
Course level	2
Credit hours (theoretical)	3
Credit hours (practical)	0
Course Prerequisites	

Course Objectives

- 1 - - The student will demonstrate his/her comprehension, understanding and ability to apply knowledge of various disease and conditions presented in this course.
- 2 - - The student will be able to distinguish various means of diagnosis, treatment, nursing care and prognosis in lecture and the clinical setting.
- 3 - - The student will assess, observe and evaluate symptoms and report and record these findings.
- 4 - - The student will be able to analyze the patients medical record and develop a plan that will include nursing skills necessary for the individual patient.
- 5 - - The student will continue developing the ability to understand self and others and communicate accurately and efficiently
- 6 - - The student will demonstrate the ability to develop therapeutic nurse-patient-family relationships
- 7 - - The student will formulate a plan for meeting the educational needs of patients experiencing deficits due to the various conditions presented in this course.
- 8 - - The student will show proficiency in performing the procedures necessary to care for patients experiencing deficits due to the various conditions presented in this course.
- 9 - - The student will modify his/her care for patients utilizing principles of organization, safety and infection control
- 10 - - The student will evaluate patient care needs and determine appropriate revisions in the plan of care.
- 11 - - The student will analyze and anticipate the potential for unexpected outcomes.

Intended Learning Outcomes

Knowledge and Understanding	<ul style="list-style-type: none">* A1-Define given terminology.* A2-Determine the data to be collected in the nursing assessment of the body systems* A3-Determine the nursing responsibilities for patients having diagnostic tests or procedures to diagnose body systems involved in this course.* A4-procedures to diagnose body systems involved in this course.* A5-Determine the nursing care of patients who require common therapeutic measures for body systems involved in this course* A6-Compare the pathophysiology, signs and symptoms, diagnosis, and treatment of body systems involved in this course.* A7-Design a plan of care utilizing the nursing process to plan care for the patient with body systems involved in this course.
Intellectual Skills	<ul style="list-style-type: none">* B1-Develop critical thinking and problem solving abilities appropriate for the care of adult patients* B2-Discuss the etiology, pathology, risk factors, signs, symptoms, diagnostic tests, medical/surgical treatment* B3-Relate the importance of evaluation and the role it plays in the improvement of quality client care.
Professional Skills	<ul style="list-style-type: none">* C1-Implement safe, effective nursing care for individuals with selected health problems* C2-Conduct the discharge and teaching needs for patients with selected health problems* C3-Apply the nursing process to assist in developing a plan of care for selected medical- surgical conditions* C4-Utilizing evidence-based practice, develop and implement appropriate plans
General Skill	<ul style="list-style-type: none">* D1-Identify criteria for setting priorities in planning for the individual client with medical and/or surgical conditions* D2-Determine the discharge and teaching needs for patients with selected health problems* D3-Assess the patient/family responses to the medical/surgical interventions used in their care.* D4-Provide health education that addresses disease/illness prevention, health promotion and health restoration* D5-Follow the legal and ethical considerations for the clients with medical and /or surgical health conditions

Course Contents

- 1 - Perioperative Nursing
- 2 - Assessment and Management of Clients with Problems of the respiratory system
- 3 - Assessment and Management of Clients with Problems of the Cardiovascular and Circulatory System
- 4 - Assessment and Management of Clients with Problems of the Nervous System
- 5 - Assessment and Management of Clients with Problems of the Sensory System
- 6 - Assessment and Management of Clients with Problems of Gastrointestinal System
- 7 - Assessment and management of Clients with hepatic disorders
- 8 - Assessment and management of Clients with biliary disorders
- 9 - Assessment and management of Clients with Disorders of pancreas

Teaching and Learning Methods

- 1 - - Lecture-Discussion
- 2 - - Audiovisual Aids
- 3 - - Written and Oral Tests
- 4 - - Demonstrations
- 5 - - Handouts
- 6 - - Nursing Care Plans
- 7 - - Role Playing
- 8 - - Expert Speakers

Students Assessment

<u>Assessment Method</u>	<u>TIME</u>	<u>MARKS</u>
First mid-term exam	4th week	20%
Second mid-term exam	8th week	20%
Attendance and discussion		5%
Homework and project reports		5%
Final exam	16th week	50%

Books and References

Course note	Available at the University's library.
Essential books	- Sandra M. Nettina. (2009). Lippincott Manual of Nursing Practice, (9th edition). Lippincott Philadelphia, New York. Williams & Wilkins. ISBN: 0781798337, 9780781798334.
Recommended books	- Smeltzer, S., & Bare, B., Hinkle, J., & Cheever, K. (2012). Brunner and Suddarths textbook of medical surgical nursing (12th Ed.). Philadelphia, PA.: Lippincott. - Antonelli, A. (2004). Thyroid Disorders in Chronic Hepatitis C. The American Journal of Medicine;117(3):10-13 - Lewis, S., Heitkemper, M., Dirksen, S., O'Brian, P., & Bucher, L. (2012). Medical surgical nursing: assessment and management of clinical problems (8th. Ed.). St. Louis, MI: Mosby
Other References (Periodical, web sites, etc.)	http://libgen.io/get_new.php?md5=e2a9ca0738d0da32ea58a23c80995a94