

## Planning and Quality Assurance Affairs

Form (A)

### Course Specifications

#### General Information

Course name	Adult Health Nursing (3) Gerontology (Theory)
Course number	NURS3217
Faculty	
Department	
Course type	Major Needs
Course level	3
Credit hours (theoretical)	2
Credit hours (practical)	0
Course Prerequisites	

#### Course Objectives

- 1 - 1. Identify the unique health needs of older adults;
- 2 - 2. Identify strategies related to assessment and prevention in the older adult;
- 3 - 3. Explore the importance of families and other social supports;
- 4 - 4. Identify nursing interventions related to a variety of health problems in the older adult;
- 5 - 5. Critically analyze ethical issues related to the care of the older adult;
- 6 - 6. Identify research questions that remain unanswered both in your personal learning and in the profession of gerontological nursing.

## Intended Learning Outcomes

<b>Knowledge and Understanding</b>	<ul style="list-style-type: none"><li>* A1- Apply common biological, psychosocial, cultural, spiritual, gender, generational, and environmental (holistic) influences and reactions to the aging process using Nursing Process as a framework.</li><li>* A2-Correctly use supplied assessment screening tools with selected elders</li><li>* A3-Demonstrate the use of the nursing process when analyzing the needs of older adults and their families.</li><li>* A4-Assist older adults, families, and caregivers to understand and balance “everyday” autonomy and safety decisions.</li><li>* A5-Ensure the older person is facilitated with the appropriate support to adapt to significant life events eg loss of home/independent living/significant people in their lives</li><li>* A6-Synthesizes knowledge and skills in the utilization of patient care technologies and information management systems to support ethical nursing practice and promote safe, quality care delivery.</li></ul>
<b>Intellectual Skills</b>	<ul style="list-style-type: none"><li>* B1-Recognize one's own and others' attitudes, values, and expectations about aging and their impact on care of older adults and their families.</li><li>* B2-Adopt the concept of individualized care as the standard of practice with older adults.</li></ul>
<b>Professional Skills</b>	<ul style="list-style-type: none"><li>* • C1-Communicate effectively, respectfully, and compassionately with older adults and their families</li><li>* • C2-Recognize that sensation and perception in older adults are mediated by functional, physical, cognitive, psychological, and social changes common in old age.</li></ul>
<b>General Skill</b>	<ul style="list-style-type: none"><li>* • D1-Communication Skills</li><li>* • D2-Team work skills</li></ul>

## Course Contents

1	-	1.	Nursing in an Aging Society
2	-	2.	Assessment of the Older Adult
3	-	3.	Aging Families
4	-	4.	Promoting Well-being
5	-	5.	Living with Chronic Illness
6	-	6.	Common Chronic Problems
7	-	7.	Promoting Mobility
8	-	8.	Medication and the Older Adult
9	-	9.	Chronic and Acute Pain
10	-	10.	Mental Health and Cognition
11	-	11.	Legal and Ethical Issues, and Research in Gerontological Care

## Teaching and Learning Methods

1	-	Group discussions & Interactive lectures
2	-	Quizzes
3	-	Demonstrations and Return Demonstrations
4	-	• Simulations
5	-	• Hands-on Skills Practice and Performance
6	-	Computer Assisted Instruction
7	-	• Critical Thinking Exercises
8	-	Multimedia activities
9	-	Interactive educational activities
10	-	Audio visuals

## Students Assessment

<u>Assessment Method</u>	<u>TIME</u>	<u>MARKS</u>
First mid-term exam	4th week	20%
Second mid-term exam	8th week	20%
Attendance and discussion		5%
Homework and project reports		5%
Final exam	16th week	50%

## Books and References

Essential books	<ul style="list-style-type: none"><li>• Archibald, C. (2003) People with dementia in acute hospitals: a practice guide for registered nurses. Stirling: University of Stirling.</li><li>• Brooker, D. (2007) Person centered dementia care: making services better. London: Jessica Kingsley</li></ul>
Recommended books	<ul style="list-style-type: none"><li>• Capezuti, E. et al (eds) (2008). Evidence?based geriatric nursing, protocols for best practice. 3rd edn. New York: Springer.</li><li>• Stanley, M. Blair, K. Beare, P. (2005). (eds) Gerontological nursing: promoting successful ageing with older adults. Philadelphia: FA Davis Co.</li><li>• Heath, H. Schofield, I. (1999) Healthy Ageing: nursing older people. London: Mosby</li><li>• Matzo, M.L. Sherman, D. W. (eds) (2004) Gerontologic palliative care nursing. London: Mosby</li><li>• Heath, H. Schofield, I. (1999) Healthy Ageing: nursing older people. London: Mosby</li></ul>