

Planning and Quality Assurance Affairs

Form (A)

Course Specifications

General Information

Course name	Mental Health Nursing (Practice)
Course number	NURS3220
Faculty	
Department	
Course type	Major Needs
Course level	3
Credit hours (theoretical)	0
Credit hours (practical)	2
Course Prerequisites	

Course Objectives

- 1 - 1- To Differentiate between neurosis and psychosis
- 2 - To Understand and well aware about psychiatric disorders .
- 3 - To Construct trust therapeutic relationship with clients.
- 4 - To Implement mental state examination .
- 5 - To Construct and implement mental health nursing care plane .
- 6 - To Work effectively with multidisciplinary team in mental health field

Intended Learning Outcomes

Knowledge and Understanding	<ul style="list-style-type: none">* • Identify the different types of mental illness and related interventions* • Discuss the patients experiences of living with chronic illnesses* • Identify early warning and relapse signs of each disorder* • Integrate psychiatric nursing concepts and therapeutic models into nursing interventions* • Differentiate between neurosis and psychosis* • Identify knowledge base from other disciplines that can be utilized in providing quality nursing care
Intellectual Skills	<ul style="list-style-type: none">* • Analyze ethical issues related to the care of individuals and populations with mental health problems and or psychiatric disorders* • Prioritize safety issues in the provision of quality nursing care
Professional Skills	<ul style="list-style-type: none">* • Work effectively with multidisciplinary team in mental health field.* • Numerate the roles of the mental health nurse.* • Develop ones own personal and professional values, beliefs, and attitude towards clients with psychiatric disorders* • Facilitate the referral of early case finding (develop the ability for early case finding and referrals of psychiatric disorders and/or psychosocial problems
General Skill	<ul style="list-style-type: none">* • Explore and focus on clinical concepts and principles of psychiatric and mental health nursing in a variety of contexts and situations(hospitalized patient –community mental health centers). And enable the student to deal with clients based on bio-psychosocial and spiritual dimensions.

Course Contents

1 - • Clinical interview.
2 - • Mental state examination.
3 - • Establish trust therapeutic relationship.
4 - • Psycopharmacotherapy.
5 - • Psychoeducation.
6 - • Overview of psychotherapy.
7 - • Nursing care plane.

Teaching and Learning Methods

1 - Clinical interview.
2 - Group discussion.
3 - Role play.
4 - Round and meetings

Students Assessment

<u>Assessment Method</u>	<u>TIME</u>	<u>MARKS</u>
Mental health nursing evaluation form	End of 6th weeks of training	15%
Case study presentation in Mental health	End of 6th weeks of training	15%
Attendance and discussion		20%
Nursing care plane	End of 6th weeks of training	20%
Final oral exam	Last day of the training	30%

Books and References

Course note	Available at the University's library.
Essential books	Townsend Mary C. (2014). Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (6th Ed) F.A. Davis Company; Philadelphia.
Recommended books	Videbeck Sheila A. (2014) Psychiatric-Mental Health Nursing (6th Ed). Wolters Kluwer health; New York.