

Planning and Quality Assurance Affairs

Form (A)

Course Specifications

General Information

Course name	Adult Health Nursing (2) Theory
Course number	NURS3313
Faculty	
Department	
Course type	Major Needs
Course level	3
Credit hours (theoretical)	3
Credit hours (practical)	0
Course Prerequisites	

Course Objectives

- 1 - - Review normal body structure and function as related to meeting the nursing needs of clients with health problems presented in each unit.
- 2 - - Identify the pathophysiology present in relation to the common health problems presented in each unit.
- 3 - - Identify common diagnostic measures related to the health problems presented in each unit with emphasis on nursing assessment and responsibilities.
- 4 - - Explain the various intrinsic and extrinsic factors which may influence the health problems as presented in each unit.
- 5 - - Indicate common symptoms and/or nursing problems associated with the health problems presented in each unit.
- 6 - - Identify the general medical/surgical management of clients with health problems presented in each unit.

Intended Learning Outcomes

Knowledge and Understanding	<ul style="list-style-type: none"> * A1- Identify the acute and chronic conditions that affect the adult patients. * A2- Explain factors that affect adult functional health patterns * A3- Define the key concepts related to the alteration in the functional health patterns of adult patients. * A4- Identify the impact of the disease process and hospitalization on the patient and family.
Intellectual Skills	<ul style="list-style-type: none"> * B1- Utilize the assessment parameters to determine the status of the adult patients with alteration in the functional health patterns. * B2-Identify nursing diagnoses related to the conditions of alterations in functional health patterns. * B3-Discuss nursing interventions that promote optimal physiological functioning including discharge Planning
Professional Skills	<ul style="list-style-type: none"> * C1- Apply the nursing process and critical thinking to the basic human needs of selected adult medical-surgical clients within the acute care and community settings. * C2- Communicate effectively with clients, families, and the health care team. * C3-Practice nursing skills safely, considering both the internal and external environments of the client. * C4-Perform nursing actions according to legal and ethical standards. * C5-Demonstrate accountability in the professional nursing role. * C6-State the impact of health care economics on the practice of nursing and practice nursing accordingly. * C7-Evaluate one's personal effectiveness, caring behaviors, and nursing care of clients. * C8-Provide evidence-based nursing care. * C9-Utilize teaching-learning principles to promote and maintain an optimal level of health for clients across the lifespan.
General Skill	<ul style="list-style-type: none"> * D1- Integrate the nursing process as an approach for presenting the health problems of adult patient& utilize it in meeting the needs of adult patients. * D2-Describe the effect of the disease process on patients and their families, in order to help them to cope with stressors during illness. * D3-Discuss the therapeutic management of adults with alterations in their health conditions. * D4-Adhere to the nurse's role in providing a holistic care for an adult patients

Course Contents

1	- Assessment and Management of Clients with Problems of the Renal and urinary system
2	- Assessment and management of patients with breast disorders
3	- Assessment and Management of Clients with Problems of the endocrine system
4	- Assessment and Management of Clients with Diabetes mellitus
5	- Assessment and Management of Clients with Problems of Hematologic system
6	- Assessment and Management of Clients with Problems of Immunologic system
7	- Assessment and Management of Clients with Problems of Musculoskeletal system
8	- Assessment and Management of Clients with Problems of the Skin, Hair, and Nails
9	- Assessment and Management of Patients With Burn Injury

Teaching and Learning Methods

- 1 - - Lecture-Discussion
- 2 - - Audiovisual Aids
- 3 - - Written and Oral Tests
- 4 - - Demonstrations
- 5 - - Handouts-
- 6 - - Nursing Care Plans
- 7 - - Role Playing

Students Assessment

<u>Assessment Method</u>	<u>TIME</u>	<u>MARKS</u>
First mid-term exam	4th week	20%
Second mid-term exam	8th week	20%
Attendance and discussion		5%
Homework and project reports		5%
Final exam	16th week	50%

Books and References

Course note	Available at the University's library.
Essential books	- Sandra M. Nettina. (2009). The lippincott Manual of Nursing Practice, 9th. Edition, lippincott Company , Philadelphia, New York.
Recommended books	- Smeltzers S. & Bar, B. (2012) Brunner & Saddarth textbook of Medical Surgical Nursing, Nursing12th edition, lippincott Company, Philadelphia, New York. - Antonelli, A. (2004). Thyroid Disorders in Chronic Hepatitis C. The American Journal of Medicine;117(3):10-13 - Lewis, S., Heitkemper, M., Dirksen, S., O'Brian, P., &Bucher, L. (2012). Medical surgical nursing: assessment and management of clinical problems (8th. Ed.). St. Louis, MI: Mosby.
Other References (Periodical, web sites, etc.)	http://libgen.io/get_new.php?md5=e2a9ca0738d0da32ea58a23c80995a94