

Planning and Quality Assurance Affairs

Form (A)

Course Specifications

General Information

Course name	Mental Health Nursing (Theory)
Course number	NURS3319
Faculty	
Department	
Course type	Major Needs
Course level	3
Credit hours (theoretical)	3
Credit hours (practical)	0
Course Prerequisites	

Course Objectives

- 1 - 1. To provide students with the basic concepts of the value of humanistic & holistic approach to nursing care.
- 2 - To provides them with concepts, theories & principles that will illuminate their clinical experiences.
- 3 - To address a mental health concept as related to its clinical manifestation, etiology, assessment, nursing diagnosis, & nursing interventions that reflects the therapeutic use of self in carrying dependent & interdependent nursing roles & the integration of different therapeutic modalities.
- 4 - To develop the advanced theoretical and clinical psychiatric nursing care that includes assessment, diagnosis, and management of mental health problems within the concept of multidisciplinary team working utilizing adult learning approach.

Intended Learning Outcomes

Knowledge and Understanding	<ul style="list-style-type: none">* A1-Discuss knowledge and concepts of PMHN.* A2-Identify the different types of mental illness and related interventions* A3-Identify the different causes of mental illness.* A4-Understand and well aware about psychiatric disorders .* A5-Identify early warning and relapse signs of each disorder
Intellectual Skills	<ul style="list-style-type: none">* B1-Differentiate between the different medical psychiatric diagnoses.* • B2-Illustrate assessment abilities for clients with different mental disorders.
Professional Skills	<ul style="list-style-type: none">* • C1-Utilize the knowledge base in planning humanistic nursing care for clients with mental- psychiatric disorders to promote their health status.* • C2-Demonstrate knowledge of selected treatment modalities in term of their indication & nursing implication* • C3-Recognize ethical issues in relation to mental health field.* • C4-Integrate psychiatric nursing concepts and therapeutic models into nursing interventions
General Skill	<ul style="list-style-type: none">* • D1-Develop the advanced theoretical and clinical psychiatric nursing care that includes assessment, diagnosis, and management of mental health problems within the concept of multidisciplinary team working utilizing adult learning approach.

Course Contents

1 - •	Introduction to psychiatric and Mental health nursing.
2 - •	Concepts and principles of psychiatric and Mental health nursing.
3 - •	Growth and Development in Mental health nursing.
4 - •	Mental State Examination.
5 - •	Psychotic disorders(Schizophrenia).
6 - •	Mood Disorders(bipolar-Depression).
7 - •	Anxiety Disorders(GAD - Phobia).
8 - •	Anxiety Disorder (P.T.S.D- OCD)
9 - •	Somatoform disorders.
10 - •	Dissociative disorders.
11 - •	Eating disorders.
12 - •	Personality disorders.
13 - •	Sexual disorders.
14 - •	Psychopharmacotherapy.

Teaching and Learning Methods

1 -	Lectures
2 -	Discussions
3 -	Role-playing
4 -	Small group work
5 -	Reading assignments
6 -	Audiovisual Aids

Students Assessment

<u>Assessment Method</u>	<u>TIME</u>	<u>MARKS</u>
First mid-term exam	4th week	20%
Second mid-term exam	8th week	20%
Attendance and discussion		5%
Homework and project reports		5%
Final exam	16th week	50%

Books and References

Course note	Available at the University's library.
Essential books	Videbeck Sheila A. (2014). Psychiatric-Mental Health Nursing (6th Ed). Wolters Kluwer health; New York.
Recommended books	Townsend Mary C. (2014). Essentials of psychiatric mental health nursing: concepts of care in evidence-based practice. (6th Ed) F.A. Davis Company; Philadelphia.