



Planning and Quality Assurance Affairs

Form	(A)
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Course Specifications

General Information	
Course name	First Aid
Course number	PHPT5122
Faculty	
Department	
Course type	Major Needs
Course level	5
Credit hours (theoretical)	1
Credit hours (practical)	0
Course Prerequisites	

Course Objectives

- 1 To preserve life
- 2 To prevent the escalation of illness or injury
- 3 To provide pain relief
- 4 To protect the unconscious
- 5 To promote recovery

Course Contents

- 1 First Aid Introduction
- 2 Resuscitation
- 3 _ Unconsciousness
- 4 _ Airway and Breathing Problems
- 5 Circulation Problems
- 6 Wounds and Bleeding
- 7 Poisons, Burns and Scalds
- 8 _ Injuries to Bones, Muscles and Joints

Teaching and Learning Methods

- 1 Lectures
- 2 Practice

Students Assessment

Assessment Method	TIME	MARKS
Midterm exam	60 min	30
Quizzes	60 min	30
Final exam	90 mim	40

Books and References		
Course note	Course notes	
Recommended books	Textbook on First Aid and Emergency Nursing, Clement, I.	