



Planning and Quality Assurance Affairs

Form (A)

Course Specifications

General Information

Course name Psychical Guidance

Course number PSYC2311

Faculty

Department

Course type Major Needs

Course level 2

Credit hours (theoretical) 3

Credit hours (practical) 0

Course Prerequisites

Course Objectives

- 1 To recognize the nature and meaning of counseling in the Arabic language and Islam
- 2 The student must understand the factors that help in the success of counseling
- 3 To recognize and apply the applied skills of counseling
- 4 To understand the counseling technique such as case study and interview
- 5 To understand the counseling theories, analytic, behavioral, rational emotional and connective theory

Intended Learning Outcomes

Knowledge and Understanding	 To know and recognize the meaning and functionalization of what must be occur through application of counseling skills in the field of school ,health, home , environment counseling meaning in language and Islam and recently
	 what is the application of counseling technique, counseling types, counseling theories
Intellectual Skills	 conception and application of counseling meaning, counseling skills, counseling theories
	 conception and practice of counseling type such as family counseling , religious counseling , vocational guidance , environmental counseling
Professional Skills	* how to apply the counseling process in complete procedures of counseling such as hoe to begin the counseling relation between counselor and counselee then how to develop the relation then how to change the bad behavior of the counselee by insight the problem by the counselee
General Skill	 The application of counseling process for the normal persons who suffer from light social psychological problems in family, school, vocation realign

Course Contents

1 - What counseling, the concept of counseling, counseling in language and idiomatically, counseling in the Arabic language and Islam and recently, the principles of counseling, the foundations of counseling, the factors that help ensure the success of counseling, the role of interpersonal communication, practical skills in counseling the process, counseling techniques such as the case study and the corresponding counseling cumulative card, interview, types of counseling as family counseling, environmental counseling, vocational guidance and religious counseling, counseling theories, Rogers theory and behavioral theory, analytical theory and rational emotional theory, and cognitive theory

Teaching and Learning Methods

- 1 Discussion and dialogue
- 2 Presentation by lecture
- 3 conception and application of counseling meaning and its skills and kind

Teaching and Learning Methods for the Disabled Students

- 1 Discussion and dialogue
- 2 Presentation by lecture
- 3 conception and application of counseling meaning and its skills and kind

Books and References

Essential books	Discussion and dialogue
	Presentation by lecture