



#### **Planning and Quality Assurance Affairs**

## **Course Specifications**

Course name	Psychotherapy
Course number	PSYC4304
Faculty	
Department	
Course type	Major Needs
Course level	4
Credit hours (theoretical)	3
Credit hours (practical)	0
<b>Course Prerequisites</b>	

#### **Course Objectives**

- 1 to realize the concept of psychotheraspy
- 2 to realize the theortical background of psychotherapy
- 3 to realize the main tools and methods of psychotherapy

### Intended Learning Outcomes

Knowledge and Understanding	*	to have the basic knowladge and information of psychotherapy
Intellectual Skills	*	to have the ability of interpreting problomatic behaviour
Professional Skills	*	to have the ability of diagnosis and treatment

## **Course Contents**

- 1 \_ introduction to psychotherapy
- 2 The theortucal background of psychotherapy
- 3 theories of diagnosis and treatment
- 4 tools and methods of psychotherapy

### **Teaching and Learning Methods**

- 1 lectures and disscusions
- 2 cooperative teaching and learning
- 3 self learning
- 4 group learning and teaching

### Teaching and Learning Methods for the Disabled Students

1 - students with special needs will be considered

### **Students Assessment**

Assessment Method	TIME	MARKS
mid exam	at the mid of the simestar	25
attendence and participation	during the course	15
final exam	by the end of the	60
	course	

# **Books and References**

Course note	essential book
	handouts